



EDEN
Tourism Cluster of
Southwest Macedonia



**ADVENTURE
NEXT
BALKANS** OHRID, MACEDONIA
MAY 10 - 12, 2016

SPIRIDON ADVENTURES



BEST of National Park Galichica, UNESCO since 1979 Graceful Mountain and Two Lakes, Two Pearls through Four Activities

Day of Adventure activities

Basic information / [Promotional Video EDEN 365 days Unveiling Wonders](https://www.youtube.com/watch?v=pWDU0pnlg6A)
<https://www.youtube.com/watch?v=pWDU0pnlg6A>

<p>Activities:</p> <ul style="list-style-type: none"> - Bus Transfer: - Hiking: - Biking: - Barbeque: - 4x4 adventure: <p>Activity level:</p> <p>Duration, start/finish:</p> <p>Start/Ending location:</p> <p>What is included:</p> <p>What is Not included:</p> <p>Number of Pax:</p> <p>Price per person:</p> <p>Note on Itinerary:</p>	<p>38 km scenic coast road beside the lake and uphill to the mountain 5,5 km point view peak Lakoy Signoy 2.000 m.a.s.l. 11 km: 6 km asphalt through dense forests and 5 km dirt road Picnic at mountain hut Asan Djura 24 km, 17 km off road on unusual red Mars -like soil and 7km asphalt</p> <p>1 2 3 4 5 (experience required)</p> <p>7 hours, start at 9:00 a.m., finish at 4: p.m.</p> <p>Hotel INEX / Hotel INEX or, drop you off at your hotel</p> <p>Transfers, all safety equipment, energy drink, water, snack, fruits...</p> <p>Personal expenses, insurance of any kind</p> <p>min. 4 – max. 12</p> <p>€ 99,00</p> <p>Helmets are provided and bikes have standard pedals. Note; you can bring your own SPD pedals & helmet</p>
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Be prepared to raise the adrenaline in your veins, see an unforgettable picturesque landscape, fall in love with nature, and see the blue sky mirrored in the lake's crystal clear waters ...

How many destinations in the world offer you to experience all these activities in one place?



United Nations
Educational, Scientific and
Cultural Organization



The City of Ohrid
inscribed on
the World Heritage List in 1980

Brief description of the adventure: Experience the nature and beauty of Galicica National Park. Spiridon is the ancient name of the mountain Galicica where you will surely fall in love with nature. The park is a heaven for naturalists and zoologists from all over the world. The interaction of geology, morphology and climatic conditions has resulted in establishing an ecosystem with a high biological diversity of flora and fauna quite unique to the mountain. Special attention should be paid to the presence of the four floral endemic species that managed to survive only on Mt. Galicica, and are relicts from the Pliocene epoch (around 5 million years ago).

The Mountain is a Garden of Eden with over 160 species of butterflies, total population of 171 species of vertebrates, 124 species of birds, 19 mammals, 18 reptiles and 10 amphibians. In this tour you will fully explore nature through four adventures:

- [Hiking](#), to 2000 m.a.s.l. where you can touch the blue sky which is mirrored in the crystal clean waters of two lakes, Ohrid and Prespa, our two pearls, and you will smell the freshness of the vegetation.
- [Biking](#) through dense forests and the golden wheat grain in the valleys.
- [Barbeque picnic](#) where you can help prepare your own meal in the Asan Djura mountain hut.
- [4x4 adventure over](#), red plateaus that will feel like you're on Mars.

Detailed itinerary:

Bus Transfer

8:45 a.m.

The bus is parked outside the hotel, short briefing for the DoA in front of Hotel Inex Gorica. (Note: participants with SPD pedals should give them to the guides to be installed on the bikes 15 min prior.

9:00 a.m.

We begin the journey with a short stop at the Bay of Bones, a 10,000 year old residence on water. From there the journey begins through the National Park to the Baba fold where we start hiking to the Lakoj Signoj peak.



Hiking

10:00 a.m.

The first section on foot is a 3,4 km long dirt road uphill to the Lakoj Signoj peak. The uphill walk takes around 1:15' and is rewarded with an unforgettable view due to the position of the mountain between the two lakes, the two pearls of the Balkans. There is not a single soul that has remained untouched by the sight of the vastness of the water on both sides below. On the north is the rest of the mountain Galicica, further south is Magaro, at 2254 m.a.s.l., the highest peak on the mountain range. West and across Lake Prespa is Baba mountain (the highest peak in Pelister National Park), east across Lake Ohrid is Jablanica mountain and the horizon in the distance is encircled by the far away mountains in Albania and Greece.



Biking

12:30 p.m.

After hiking, we have an 11 km biking tour. The biking section starts with a 4 km descent towards Lake Prespa and then a left turn up to the mountain and its plateaus. A short 2 km ascent will bring us to Dva Javora, the entry point to the meadows and pastures on the slopes of Mount Galicica. From Dva Javora, we head off-road for the next 5 km through Sharboyca, or Colourful, area, a name that resembles all of the colours from the many herbs and flowers that grow there. This is one of the most beautiful plateaus of the mountain, and it is where we find the Asan Djura mountain lodge, reconstructed in 2010, nowadays it is a perfect place to enjoy the purity of the natural surroundings.



Barbeque picnic

1:30 p.m.

Arrival at mountain house Asan Djura. Elizabeta and Milcho, the owners of the ethno restaurant St. Petka will be awaiting with local specialities of fresh meat and vegetables. Feel free to help out and engage with the hosts while sipping homemade cherry Rakiya (brandy) and wine.



4x4 adventure

2:30 p.m.

We start a new adventure on the slopes of Galicica in 4x4 vehicles. You will visit the sheepfolds and temporary lakes where the endemic Triturus macedonicus lives. The panoramic view from Krstec pass to the beautiful mountain will remind you about the story of the seven hills and valleys. From there the off-road descent begins and we continue by 4x4 vehicles on dirt road through dense forests to village of Velestovo, with several stops to take photos of the unforgettable view overlooking Ohrid and Struga.



4:00 p.m.

Drop off at individual hotels.

Tour operator: Destination Management Company – VIS POJ – Ohrid
www.vispoj.com.mk

Provider: EDEN – Tourism Cluster

Proposed tour leader/guide: Goran Milanoski, Dejan Koteski

Contact name: Aleksandar Jovanoski

Phone number: + 389 70 212 950

e-mail: tkeden@t-home.mk

Minimum / Maximum number of pax: Minimum 5, maximum 12 persons

Starting location, date and time: Hotel INEX, Ohrid; 10 May 2016; 9:00 a.m.

Ending location, date and time: Individual hotels; 10 May 2016; 4:00 p.m.

Activity level: 1 2 **3** 4 5

Cost for guests: **99 EUR**

What is included in the price: All the activities mentioned in the itinerary – guides, entrances, accommodation, food, alcoholic and non-alcoholic drinks, all necessary safety equipment and transfers from and pick up and drop off point...

What is not included in the price: Personal expenses, insurance of any kind

Notes on Itinerary

- When making your booking, please tell us your height for bike rental or select S, M, L, XL
- Hiking is possible in sneakers, but if you have hiking shoes take them with you
- Take with your protective sun cream, wind and waterproof jacket, warm clothing because it can get cold and windy on the top of the mountain
- During biking, heavy equipment will be placed in the support van that will follow the group

Useful Information

Bus Transfer



Hiking



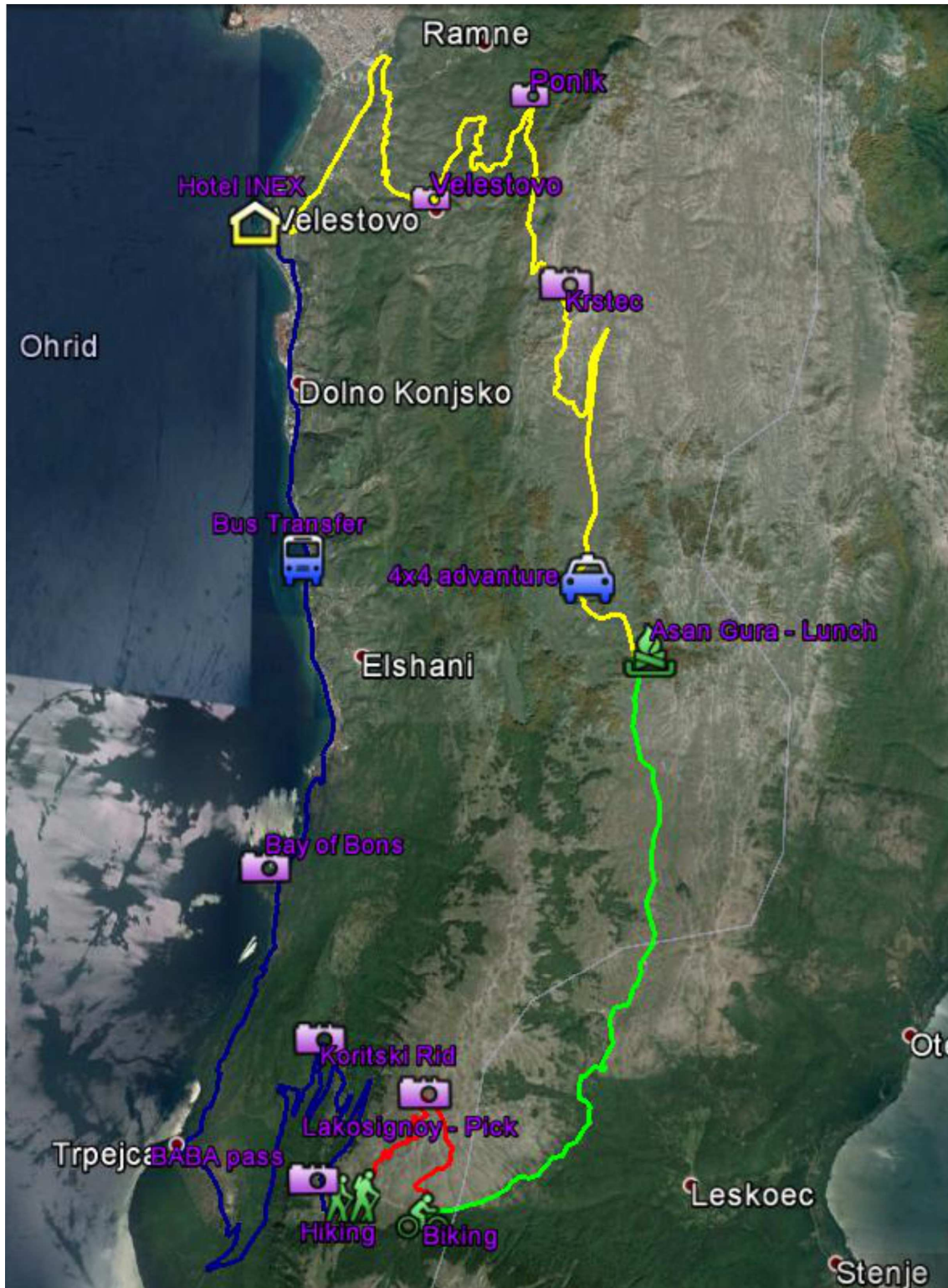
Biking



4x4



Map of route & activities



Thank you for your attention, we are looking forward to meeting you ...